

Sibylle Bajorat

Training, Counseling, Psychotherapy

www.ammersee-institut.org



Educational background and professional experience

Born 1957 in Munich/Germany

1963 – 1972: Education in elementary school and secondary school (Gymnasium) in Germany

1972 – 1974: Finishing education in England

1974 – 1978: Studies of English and Russian at the Sprachen – und Dolmetscher-Institut München (SDI) leading to a bachelor in English translation

1987: Training as a rehabilitation sports teacher Certificate Bayer. Landes-Sportverband (BSV)

1988 -1990: Full-time studies as a health practitioner with Qualification by the Public Health Office.

1990 – 1991: Psychotherapeutic training in Gestalttherapie, Transactional Analysis and developmental psychology

1990-1992: Psychotherapeutic studies at the Deutsche Paracelsus Schulen (DPS)

1996-2003: Responsible for the day care home for dementia patients at the Sozialdienst Gilching, also setting up and being in charge of a psychological help system for Multiple Sclerosis patients

2001-2004: Instruction in Transaction Analysis and Supervising

2003: Completing the instruction as Licensed Trainer for the German Federal Association of Memory training

2003-2008: Instructor of week-long psychological courses for young people during their Voluntary Social Year (at the Collegium Augustinum).

2004: Developing the programme “sheltered housing at home”

2004-2008: Different projects for the CEO of the Sozialdienst Gilching and training the employees

Since 2008: Together with my husband owning the Ammersee institute for applied Psychology

During 2008: Certified Training at the IAK (Institute for Applied Kinesiology) in Freiburg in

- Touch For Health (TfH)
- Brain- Gym (Educational Kinesiology)
- Tools of the Trade
- Advanced Energy Psychology (AEP)

Instruction as certified intercultural trainer at Bayern Politik Seminare (BPS)

2009: Training in PECS (Picture Exchange Communication System) and “Managing challenging behavior” by Pyramid UK in Belfast (NI) and Manchester.

Also lecturer for psychological topics (mainly autism and Brainwalking) at the Volkshochschule (VHS) as well as the German University in Armenia